CLAIMS:

1. A handle for use with cookware, the cookware having a wall and an attachment member, wherein the handle is pivotally mountable to the attachment member about a horizontal axis for movement between a lifting position wherein the handle projects transversely from the cookware and a stored position wherein the handle is approximately parallel to the wall of the cookware.

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2. The handle of claim 1 further including a catch for positioning and holding the handle relative to the cookware, and wherein the catch is released by force applied to the handle.

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- 3. The handle of claim 1 further including a catch for positioning and holding the handle relative to the cookware, the catch including an elastically resilient member having a detent for engaging a recess positioned with the handle.
- 4. A handle for use with cookware having a base and a lid defining a cooking chamber, the base including a wall and an attachment member, wherein the handle is pivotally mountable to the attachment member about a horizontal axis for movement between a lifting position wherein the handle projects transversely from the cookware and a stored position wherein the handle is approximately parallel to

the wall of the cookware.

- 5. The handle of claim 4 wherein the handle includes a cam for raising an edge of the lid when the handle is pivoted in a direction of the stored position.
 - 6. The handle of claim 5 wherein the cam is a curved surface eccentric to the horizontal axis.

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7. The handle of claim 4 further including a catch for positioning and holding the handle relative to the cookware, and wherein the catch is released by force applied to the handle.

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- 8. The handle of claim 4 further including a catch for positioning and holding the handle relative to the cookware, the catch including an elastically resilient member having a detent for engaging a recess positioned with the handle.
- 9. A cookware item comprising:
 - a base having a wall and an attachment member,
- a lid locatable on the base for defining a cooking chamber, and
 - a handle pivotally mounted to the attachment member about a horizontal axis and movable between a lifting position wherein the handle projects transversely from the

cookware and a stored position wherein the handle is approximately parallel to the wall of the cookware.

- 5 10. The cookware of claim 9 wherein the handle includes a cam for raising an edge of the lid when the handle is pivoted in a direction of the stored position.
- 11. The cookware of claim 10 wherein the cam is a curved surface eccentric to the horizontal axis.
 - 12. The handle of claim 9 further including a catch for positioning and holding the handle relative to the cookware, and wherein the catch is released by force applied to the handle.

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13. The handle of claim 9 further including a catch for positioning and holding the handle relative to the cookware, the catch including an elastically resilient 20 member having a detent for engaging a recess positioned with the handle.